

Typical Values	Per 100g	Per serving 55g		
Energy Kj	1554	855		
Energy Kcal	372	205		
Fat	15g	8.2g		
Saturated fatty acid	7.5g	4.1g		
Carbohydrates	29g	16g		
Sugars	3.8g	2.1g		
Polyols	24g	13g		
Fiber	8.4g	4.6g		
Protein	36g	20g		
Salt	0.7g	0.38g		
Vitamins:	Per100g	RI% **	Per55g	RI%**
Vitamin E	6.6mg	55%	3.6mg	30%
Vitamin C	44mg	55%	24mg	30%
Thiamin (Vitamin B1)	0.6mg	55%	0.3mg	30%
Riboflavin (Vitamin B2)	0.8mg	55%	0.4mg	30%
Niacin (Vitamin B3)	8.8mg	55%	4.8mg	30%
Vitamin B6	0.8mg	55%	0.4mg	30%
Folic acid	111µg	55%	61.1ug	30%
Vitamin B12	1.4µg	55%	0.8ug	30%
Pantothenic acid	3.3mg	55%	1.9mg	30%

Nuts

Nutrition Table

Gluten

Allergens	Crustaceans	-	Celery	-			
	Eggs	x	Mustard	-			
	Fish	-	Sesame Seeds	x			
	Peanuts	+	Sulphites	-			
	Soybeans	+	Lupin	-			
	Milk	+	Molluscs	-			
		(+ present/ - absent/	x cross contamination)				
Net quantity	NT WT. 825g (55gE	per bar)					
Shelf Life	15 months from Manufacture						
Storage instructions	The product should be stored and transported at a temperature range of 15°C to 22°C, away from direct sunlight, extremes of heat change, odor & humidity. Declaration: Store in a cool dry place in a temperature not exceeding 25°C.						
Name and address	Fulfil Nutrition, PO Box 13000, Dublin 12, Ireland. T+353 6120656. FULFIL Nutrition GB Ltd, PO Box 17980, Birmingham, B2 2PE.						
Other information	Fulfil and associated words and designs are trademarks of Bartoni LTD.						
Other information	Made in the Netherl	ands					
Other information	For further informati	on please see www. Fulfilnutrition.com					
GMO		ntain GMO based soy and/or maize derived in to mandatory labelling such as required EU le	-				
Irradiation:	This bar does not co	This bar does not contain ingredients that are irradiated and fully complies with EU legislation 1999/2/EC with amendments.					
Heavy metals:	This bar complies wi	h the level of heavy metals in EU legislation 18	81/2006/EC with amendments.				
Pesticides:	This bar complies wi	h the EU-regulations $396/2005/EC$ with amen	dments regarding any trace or left	mplies with the EU-regulations 396/2005/EC with amendments regarding any trace or left over pesticides.			

	This is to certify that this bar complies with all relevant current EU Legislative requirements in regard to
BSE/TSE:	Transmissible Spongiform Encephalopathies (TSE) and Bovine Spongiform Encephalopathy (BSE) for human food, and so is free of
	TSE/BSE. This is also to certify that, during the course of their manufacture, the abovementioned bar did not come into contact with any materials, which could be derived from TSE/BSE risk materials.
WADA statement:	This is to certify that this bar, whole or in part, has not come into contact with any product/s, which is banned by the IOC (International
WADA statement:	Olympics Committee) and or WADA.
NANO Technology:	This is to certify that unless otherwise stated, the above-mentioned bar is free of nanoparticles. Commission Recommendation
	2011/696/EC, defines as follows: "Nanomaterial' means a natural, incidental or manufactured material containing particles, in an
	unbound state or as an aggregate or as an agglomerate and where, for 50 % or more of the particles in the number size distribution,
	one or more external dimensions is in the size range 1 nm - 100 nm".
Packaging statement:	All primary packaging for this bar is Food Proof according EU Regulation 10/2011/EC with amendments and 1935/2004/EC with
ackaging statement.	amendments.
e-sign regulation:	Our Manufacture is producing all individual bars according e-system. The estimated sign (e- sign) indicates that the packaging is filled
	according to the European Directive 76/211/EC (amended by 2007/45/EC).
Nutritional values:	Calculated values are mentioned in the specification, based on values described in the raw material
	specifications. For vitamins and minerals, only the guaranteed values are used for the calculation.
Halal Certification	This product is Halal certified.
Traceability:	Each bar is individually coded with a lot code, which guarantees a full traceability.